

**YOUTH DIVISION 5-7  
Individual  
Fact Sheet**



**Approximate Distances:**

50 meter swim  
~1/2 mile bike  
1/4 mile run

**Packet Pick Up:**

Friday, April 21	4:00 PM to 7:00 PM	TBA
Saturday, April 22	6:00 AM to 8:15 AM	Campolindo High School Quad/Transition Area, 300 Moraga Rd.

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<b>Check in &amp; Body Marking:</b>	Campolindo High School Quad/Transition Area, 300 Moraga Rd. Saturday, April 22	7:45 AM to 8:30 AM
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**Transition Area:** Walking path just outside the Northwest corner of the Soda Aquatics Center  
Opens at **7:30 AM** – 5-7 age group will have their own bike/run transition area.  
**\*one parent will be allowed to assist the athlete in the transition area.**

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Must be checked in by **8:30 AM** and inside the Soda Aquatic Center – **READY TO START**. The weather may be cool, so we suggest you wear warm clothing prior to the swim.

**Please note the following times and details:**

- **8:45 AM:** Youth division will be lined up according to race number. You must start the swim in the designated order. Anyone not in order will be disqualified.
- **8:55 AM:** Final race instructions given to all participants
- **~9:15 AM: Swim Start – 5-7 age group will enter the pool and go every 10 seconds**
- Athletes will start at the east end of the pool, in lane 1 and swim a single length of 50 meters.
- Kickboards will be allowed if needed, bring your own.
- Upon completion, participants will exit the Northwest corner of the pool, jog to the Northwest corner of the Soda Aquatics Center, exiting the gate and entering the transition area.
- Inside the transition area, athletes will grab gear and bike and head for the exit. **NOTE: YOU MAY NOT RIDE YOUR BIKE INSIDE THE TRANSITION AREA AND HELMETS MUST BE STRAPPED ON BEFORE EXITING.**
- The bike course takes you through the Campolindo High School hallways and quad area and returns you to the transition area. Remember, you must dismount before entering the transition area.
- Return your bike to the transition area before heading out for the run. Ages 5-7 will run from the transition area up to the football stadium for 3/4 of a lap before reaching the finish line.
- **Each youth participant will receive a finisher medal as they cross the finish line. SINCE THIS IS A RECREATIONAL TRIATHLON, NO AWARDS FOR PLACEMENT WILL BE GIVEN.**

The Town of Moraga and our sponsors will host a post race awards ceremony and celebration. Awards will be presented to the top finishers in each Adult/Student/Relay Division. Celebrate your victory with friends and fellow athletes.



## **FREQUENTLY ASKED QUESTIONS/REMINDERS**

**Familiarize yourself with the route maps, fact sheets, timelines, and relay instructions.**

- Parking for athletes and spectators is in the Campolindo High School student parking lot off of Campolindo Drive and anywhere else not restricted with a "No Parking" sign.
- There will be no road closures for the event; intersections will be controlled by volunteers.
- No headphones/earbuds allowed.
- Remember to bring your timing chip, helmet, and running shoes!
- Bikes will be racked openly, not according to bib number. There will be designated relay team racks and designated 8-11 year old division racks only (they are in the same transition area as the adults/students).
- A parent/helper can assist an 8-11 year old participant rack their bike upon arrival, but cannot be in the transition area during the race.
- The 5-7 year old division has a separate transition area, one parent/helper is allowed to assist in the area.

### **Friday Packet Pick-up**

4:00 pm to 7:00 pm

Location TBA

### **Day-Of Event Packet Pick-up**

Adult/Student/Relay - 6:00 am to 7:00 am

8-11 and 5-7 Youth Divisions - 6:00 am to 8:15 am

### **Rheem Boulevard Sinkhole**

Rheem Boulevard at Moraga Road remains altered due to the [sinkhole](#). The adult race cycling route is unchanged but please expect a narrower passage both north and southbound Moraga road as motorists make their way to the detour. All businesses are open and we encourage you to visit them post-race.

### **Day-of Event Parking**

All participants, spectators, and volunteers should park in the student parking lot of Campolindo High School off of Campolindo Drive.

### **Youth Division Start Times**

The 8-11 youth division will start at approximately 9:00 am

The 5-7 youth division will start immediately following the 8-11 division, approximately 9:15 am

### **5-7 Division/Quad Area**

We ask that adult participants be patient when exiting campus as the 5-7 year old participants will be cycling through the quad area of the school for a short time. Please cheer them on rather than walking through their course!

### **Day-of Pool Access/Swim to Transition**

All athletes and spectators will access the pool deck through the main Soda Aquatic Center entrance and restrooms. Athletes will check-in as they enter the swim center. The gate that leads from the pools to the transition area is for athletes exiting the pool area only.

### **No Headphones/Earbuds**

Headphones/earbuds are not allowed during any part of the race. All roads remain open with traffic and you must ride and run with caution with the ability to hear vehicles and direction/announcements from volunteers and public safety.

### **Volunteers**

We're always looking for volunteers to help with all aspects of the event, please contact our Triathlon Coordinators at [tri@moraga.ca.us](mailto:tri@moraga.ca.us) if you are interested. Free event shirt and a great time guaranteed.





5-7 Run

Finish Line/Awards Ceremony

5-7 Transition

5-7 Finish

5-7 Start

5-7 Bike

Saturday Packet Pick-up

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